

Help your child:

Make friends  
and  
Succeed socially.



## The Social Skills Groups

### Things change... New location

The *Social Skills Groups* are held at:  
**The Social Skills Place, Inc.**  
464 Central Avenue Suite 6  
Northfield, Illinois 60093

### Dates and times: Elementary School

Monday's 4:30PM-5:15PM  
Wednesday's 4:30PM-5:15PM  
Thursday's 4:00PM-4:45PM

### Middle School Jr. High

Wednesday's 5:30PM-6:20PM  
Thursday's 5:30PM-6:20PM

### High School/College

Monday's 6:30PM-7:30PM  
Thursday's 7:00PM-8:00PM

### Kids Divorce Group

Tuesday's 5:30PM-6:20PM

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### Newsletter

December 2006 at the Social Skills Place, Inc.

### Spread APPRECIATION this holiday season

Appreciation is a powerful tool.

When we appreciate in our lives we attract and allow more of the good things to come into our lives. Focusing on appreciating the love that you give to the world will bring more love into your life. Appreciating your good health, your home and your family will attract and allow more of these things. Appreciate your children and in turn they will appreciate you. They turn to us for guidance. So remember, that which you think and feel will manifest in your life. We are our children's teachers so we must be thoughtful about our social skills, our thoughts and our behaviors.

### Teach your children and model good manners this holiday season.

Prior to attending a holiday gathering,

- **Set expectations with your child, Tell them:**  
**Where you are going, what is going to happen, who is going to be there, how many people will be there, and how long you will stay.**
- **Again prior to the holiday gathering set expectations of what you expect of your child. Be specific about the types of behavior you will expect.** When they present any little positive performance praise them, and acknowledge their efforts. You will see how this will produce more positive behaviors in them. Keep in mind that your child does not wish to be embarrassed any more than you would, so try to help correct an unacceptable behavior in a private place and time.
- **After the holiday occasion talk openly and share in conversation with your child.** Review how your child did at the gathering. Discuss what went well and perhaps how next time you can all improve. Be specific.
- **Emphasize the positive.** You do not want your child to dislike these holiday occasions because afterward they hear from their parents how they messed up in the area of social skills. Guide them gently with reassurance. They want to do well and be successful.
- **Model good social manners and skills.** Children observe and learn from parent's social skills and manners.

*"The more you praise and celebrate your life, the more there is in life to celebrate."*

Oprah Winfrey

Have healthy and safe holidays, and a peaceful New Year! The Social Skills Place, Inc.